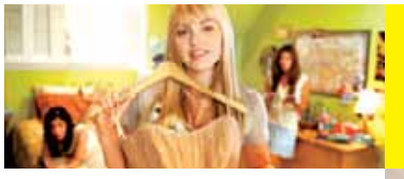
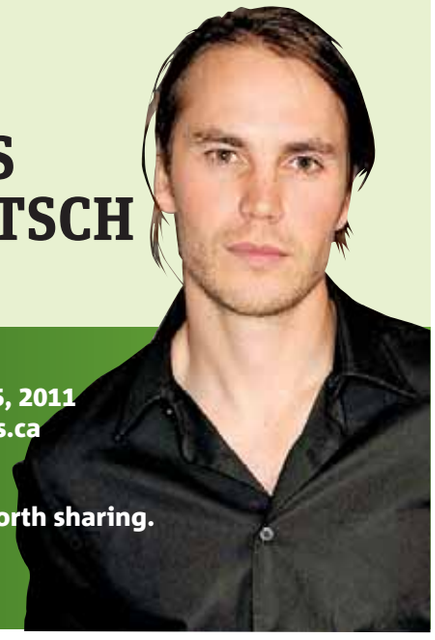


GET CREATIVE FOR DINNER WITH CHICKEN SALAD WAFFLE WRAPS {page 10}

PROM PREP FOR PARENTS SHRINK ANSWERS HARD QUESTIONS {page 9}

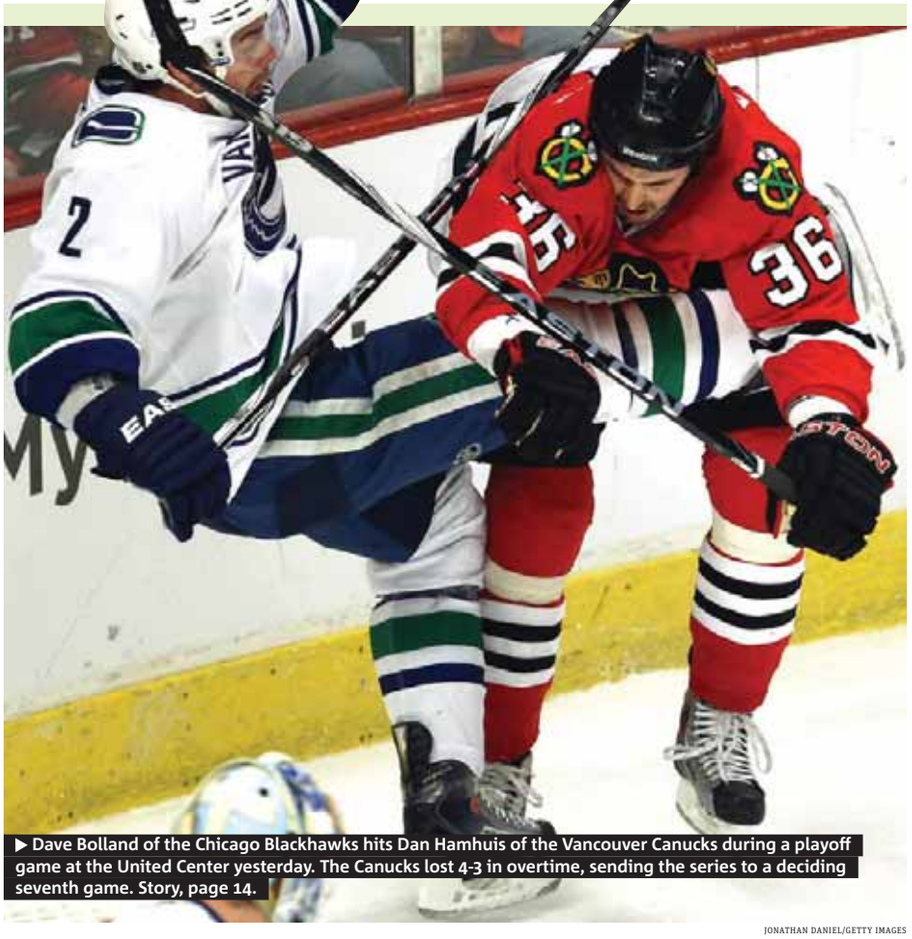
BANG ROLE TAKES TOLL ON KITSCH SCENE {page 7}



VANCOUVER metro®

Monday, April 25, 2011
www.metronews.ca

News worth sharing.



▶ Dave Bolland of the Chicago Blackhawks hits Dan Hamhuis of the Vancouver Canucks during a playoff game at the United Center yesterday. The Canucks lost 4-3 in overtime, sending the series to a deciding seventh game. Story, page 14.

JONATHAN DANIEL/GETTY IMAGES

Canucks on brink with OT loss

Underdog mobilizes

◗ Premier's opponent in Point Grey readies for byelection ◗ Constituents overwhelmed by voting demands, says David Eby

MATT KIELTYKA
@METRONEWS.CA

Voter confusion and an opponent not willing to engage in debate isn't deterring David Eby from enjoying life on the campaign trail.

The NDP Vancouver-Point Grey candidate says he has no regrets throwing his hat in the political arena to run against Premier Christy Clark in the May 11 byelection, now that he's seen the challenges ahead of him.

The former executive director of the B.C. Civil Liberties Association says Clark has twice turned down the opportunity to debate with him.

He adds many of the people he's meeting in the riding are getting their election lines crossed.

"There is a lot of confusion right now with the federal election, byelection, HST vote," said Eby. "Part of what we're doing is reminding people there is a byelection. There's a lot of 'noise' right now with the federal election and people's attentions are elsewhere."

The lawyer is being billed a long shot, but Eby says people may be surprised by the time votes are cast.

"The support has been tremendous," he said. "Win or lose, people will see a strong turnout of NDP voters in the riding."

While he'd like an opportunity to challenge Clark head-on over issues like the UBC hospital, HST and possible rapid transit down the Broadway corridor, he's content to work on a grassroots level.

"There are a lot of important questions I have to ask on behalf of the community," he said. "For now, it's all door knocking, mailers, mainstreeting and getting out there. It's been a great experience."

LASIK MYTH #2
"LASIK doesn't treat astigmatism."
LASIK FACT
LASIK corrects astigmatism more effectively than glasses or contacts.
Forget the myths... get the facts! Visit www.lasikmd.com/facts
Dr. Richard Léger MD, FRCSC
Dr. Thomas Nagy MD, FRCSC
LASER VISION CORRECTION
Starting at
$490 /eye*
Financing Available
LASIK MD VISION
FREE Consultation: 1-877-663-9888
www.lasikmd.com
VANCOUVER
1281 West Georgia Street, Suite 101
* Prices are subject to change without prior notice. Prices vary based on prescription strength. Applicable to surgery on both eyes only.

Android phones that feel like the future. Rates that feel like a present.

Nexus S

$499.99 with no contract

Unlimited talk, text and data for only $35 per month.

$25 per month

Unlimited Local Calling + Unlimited Text & Picture Messaging + Caller ID

\+ Add Unlimited Data for only **$10**/month

Switch to Mobilicity today.

mobilicity™
mobilicity.ca

Taxes are extra. All features included in each plan must originate within the Mobilicity Unlimited Coverage area. Premium and special numbers are excluded. 'Text and Picture Messaging' refers to text and picture messages sent to Canada and the Continental US only. Terms and conditions apply. Subject to change without notice. © 2011 Mobilicity. 'Mobilicity' and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

Mobilicity Stores

Burnaby
Station Square, Unit 139
Crystal Mall, Unit 1639

Coquitlam
562 Clarke Rd, Unit E
(at Como Lake)

Delta
8673 - 120th St, Unit B
Scottsdale Centre

New Westminster
555 6th Street, Unit 135
(in Westminster Centre)
1015 Columbia St, Unit 102

Richmond
8180 No 2 Rd, Unit 128
Aberdeen Mall
Admiralty Centre
Lansdowne Mall
Presidents Plaza

Surrey
15122 - 72nd Ave, Unit 110
Central City Mall
18640 Fraser Hwy, Unit 103
10255 King George Blvd
Guildford Place
Payal Business Centre

Vancouver
1641 Commercial Drive, Unit 105
568 Dunsmuir St
2390 East Hastings St
6330 Fraser St, Unit 105
8520 Granville St
1463 Kingsway Ave
3081 Main St
768 Robson St
526 West Broadway
Broadway & Commercial
Skytrain Station
Harbour Centre
Tinseltown

Mobilicity In-Store Kiosk @

Money Mart®

Vancouver
1195 Davie St
952 Granville St
2595 Commercial Dr
902 Commercial Dr

New Westminster
329-389 Columbia St.

Port Coquitlam
2831 Shaughnessy St

Authorized Dealers

Burnaby
Mobo Electronics: 1899 Rosser Ave
Aproman: 4501 North Rd

Coquitlam
Fone Eleven: Coquitlam Center

New Westminster
MVP Electronics: 807 Carnarvon St

North Vancouver
Wireless Accessories: Capilano Mall

Port Moody
iBay Communications: 2929 St. John St

Surrey
Fone Eleven: Guilford Town Centre
Inside PricePro: 6911 King George Hwy
Golden Wireless & Video: 15299 - 68th Ave
Golden Wireless & Video: 589 128th St
City Zone Mobile: 15277 - 100th Ave
Xcellent Wireless: 9200- 120th St
Golden Star Video & Gifts: 9369 -120th St

Vancouver
Vancell Pairs: 3292 E29th St
Voyco Communications: 740 East Broadway
Aproman: 1463 Robson St
Leading Age Computers: 3399 Kingsway

Vaisakhi parade sets new record

About 150,000 people flocked to the Vaisakhi parade in Surrey on Saturday, shattering attendance records at the annual Sikh event. Mayor Dianne Watts said the spirit of sharing was evident as children handed out free food.

The crowds also enjoyed dancing and music to mark the annual harvest.

Surrey's Vaisakhi parade is one of the largest in Canada. THE CANADIAN PRESS

RICHARD LAM/THE CANADIAN PRESS

▶ Ripudaman Singh Malik

Complaint over Tory support

Vancouver South Liberal candidate Ujjal Dosanjh lodged a complaint with several government agencies Friday over an endorsement of his Conservative rival by a man who was acquitted of charges in the Air India bombings.

Dosanjh accused Conservative Wai Young of elections violations for meeting with Ripudaman Singh Malik before parents and teachers at a Khalsa School run by a charity that Malik helps govern. Malik was acquitted of criminal charges in the 1985 bombings that killed 331 people. THE CANADIAN PRESS

Easter. Electioneering

▶ Prime Minister Stephen Harper greets the congregation at Burnaby Alliance Church following the Easter service yesterday.

KRISTEN THOMPSON/METRO

Harper's Easter campaigning

Stephen Harper was joined at the podium by Burnaby-Douglas Conservative candidate Ronald Leung. The prime minister spoke to the predominantly Chinese audience about the value of multiculturalism and immigration, which has made Canada a "beacon of hope" around the world.

Greens campaign to get first MP spot

Adriane Carr says she'll win by landslide if younger people go out and vote

PHYLICIA TORREVILLAS
VANCOUVER@METRONEWS.CA

The pressure is on for the Green party to elect its first MP.

Adriane Carr, the Green party's deputy leader and candidate for Vancouver Centre, was busy talking to young voters in her riding yesterday to encourage them to vote and to vote Green.

"The response on the campaign trail is overwhelming. It's so positive. I have never felt such strong support as I am feeling in this election," said Carr.

Support from younger voters, Carr added, will be the key factor in her race against current Liberal MP Hedy Fry.

"I absolutely believe that I can win this time," Carr said. "I believe it because of the voters that I'm meeting who are simply saying over and over, 'Hedy's been here a long time. It's time for a change.'"

Carr said it is crucial that younger voters — those under the age of 40 and who make up 50 per cent of the riding — go out and vote.

"If they get out and vote, I'll win by a landslide," she said.

Investing in a low-carbon economy, creating sustainable jobs, and working on affordable rental housing and homelessness are just some of the issues she would like to champion if she wins, Carr added.

The Greens are also hopeful of their chances in Saanich-Gulf Islands, where Leader Elizabeth May is running.

PHYLICIA TORREVILLAS/METRO

▶ Adriane Carr

1 news

Twitter war between "stupidhead" and "boogerbrain" livens up the federal election. Scan for story.

1. Download the free ScanLife app with your smartphone at 2dscan.com
2. Use your smartphone to scan 2D barcodes in Metro
3. The codes will direct your mobile browser to m.metronews.ca

On the web at metronews.ca

Despite an Afghan governor's insistence poppy fields are being destroyed, farmers don't seem to be getting the message. Video at metronews.ca.

BOTOX & DERMAL FILLERS · LASER TREATMENTS · SPA SERVICES · PHYSICIAN GRADE SKINCARE
Grand Opening Gala!
up to 50% off on Laser Treatments& Select Spa Services
Saturday · April 30 · 6pm-9pm ~ Experts on site for consultations ~ Refreshments & Live DJ
PENDER MEDI SPA
PHYSICIAN DIRECTED SKIN CARE
BOOK YOUR COMPLIMENTARY CONSULTATION NOW
604.681.6399
PENDERMEDISPA.COM
1366 WEST PENDER STREET, VANCOUVER, BC

CIBC National Client Appreciation Day

Join us on
Friday, April 29th, 2011
for refreshments.

Simplify your banking
by going paperless and for a *limited time* you could WIN* a
$500 home electronics gift card.

Easier on you and the environment, you'll be automatically entered when you do any of the following:

- Register for CIBC Online Banking
- Register for CIBC Mobile Banking
- Register a bill and pay online or through mobile
- Register for your CIBC credit card eStatement
- Register for your CIBC Investor's Edge eStatement

To learn more,
visit **cibc.com/clientappreciation**

CIBC
For what matters.

*No Purchase Necessary. Open only to Canadian Residents. See full contest details at www.cibc.com/clientappreciation. Get entered automatically between 12:01 a.m. April 29, 2011 and 11:59 p.m. May 31, 2011. Eleven (11) prizes available to be won as follows: 2 in British Columbia, Northwest Territories, Yukon and Nunavut; 1 in Alberta; 1 in Manitoba and Saskatchewan; 5 in Ontario; 1 in Quebec; and 1 in New Brunswick, Nova Scotia, Prince Edward Island, Newfoundland and Labrador. Limit 5 entries per person. Odds of winning depend on number of eligible entries received in each region by the contest deadline. Correct answer to math skill testing question required. Draw date: June 30, 2011. CIBC Investor's Edge is a division of CIBC Investor Services Inc., a subsidiary of CIBC and a Member of the Canadian Investor Protection Fund and Investment Industry Regulatory Organization of Canada.
®/™ Trademarks of CIBC. "CIBC For what matters." is a registered trademark of CIBC.

Posting early results could cost you $25K

Elections Canada: Enforcement complaint-driven, officials won't monitor Twitter ◗ Rationale is to keep early tallies from influencing other voters

JOE LOFARO
@METRONEWS.CA

Election 2011

Posting election results on social media sites before polls close on May 2 could land you a $25,000 fine, says Elections Canada.

Section 329 of the Canada Elections Act prohibits transmission of results before all polling stations have closed.

"It's important for us just to remind people that this is still on the books because there are possible ramifications to it," said Elections Canada spokesperson John Enright.

Still, Elections Canada's friendly reminder isn't sitting well with some Canadians.

Ottawa blogger Peter Raaymakers kickstarted a discussion on Twitter and since then Internet users worldwide have been weighing in on the ban.

On Thursday, he tweeted: "@mrbarnabyjones You really think people in the West are influenced by how people in the East are voting?"

Karren Brown from Alberta tweeted: "Think the law has be to (sic) reviewed & updated, but will respect Elxns Cda rules. Not a Conservative."

University of Ottawa Law professor Michael Geist offered his expertise earlier this month in an affidavit for a superior court case challenging the constitutionality of the provision.

He wrote that such a ban in 2011 is "simply not possible without inflicting enormous harm to freedom of expression and public confidence in the election system."

ADRIAN WYLD/THE CANADIAN PRESS

▶ Prime Minister Stephen Harper and wife Laureen help Ava de Souza find eggs during an Easter egg hunt in Royal Oak, B.C.

Wait, Harper wants to hunt too

The Conservative campaign's military precision with events has raised more than a few eyebrows during four weeks of electioneering.

But Easter morning brought a new development. Harper held a photo opportunity with more than a dozen cherubic kids at a suburban Victoria home. After he gave a brief formal address, the hostess asked the strategically posed children to go on an Easter egg hunt.

A Conservative campaign official quickly jumped in and said the kids were to stay in place while the national media asked Harper their allotted four daily questions, as the children squirmed and chafed.

A Conservative party spokesman later explained that the children had to stay for the serious business because Harper wanted to take part in their Easter egg hunt.

THE CANADIAN PRESS

‘Cyber’ insurance for tweets?

New policies cover liabilities of foot-in-mouth posts

As more and more companies turn to Facebook, Twitter and other social-media sites to market products, communicate with customers and collect information, they leave themselves open to lawsuits over intellectual property infringement and defamation.

And where there’s risk, there’s the insurance sector. Brokers in Canada are starting to develop coverage for the consequences of unruly posts.

The liability risk stems from the fact that many companies don’t have clear, written policies for social networking, says Eric Dolden, a Vancouver insurance lawyer.

“‘My boss is a big fat cow’ is a very common tweet,” he says. “But people often stupidly then say where they work and who their boss is in the tweet.”

The legal ramifications can be significant. “We’ve seen people, in their personal capacities — the ‘big-fat-cow boss’ — bringing a lawsuit against the individual,” Dolden says. “And we’ve also seen the company take action because their brand is suddenly viral, negatively.”

Dolden says demand for social-media coverage — which can cost up to $100,000 for a $10-million policy — is mostly from corporations. But it’s only a matter of time before firms offer personal insurance lines, much like automobile insurance for drivers.

“I think it’s going to come for individuals. It’s probably about five years out.” THE CANADIAN PRESS

Trade. Secrets

▶ Mattel Inc.’s revenue rose eight per cent during the first quarter. But higher costs for its lawsuit over the Bratz dolls helped to bring net income down 33 per cent.

THE ASSOCIATED PRESS/MGA ENTERTAINMENT

MGA winz legal fight with Mattel

Mattel Inc. lost its claim to the billion-dollar Bratz doll line on Thursday when a U.S. federal jury awarded the copyright to upstart rival MGA Entertainment Inc., along with more than $88 million US in damages for misappropriation of trade secrets. The verdict was a staggering blow to the toy giant, which has long claimed the smaller company stole the idea for the pouty-lipped toys that gave Mattel’s platinum-haired Barbie a run for her money.

The Bloodmobile in your neighbourhood:

LONDON DRUGS
TUESDAY APRIL 26
875 PARK ROYAL MALL, WEST VANCOUVER
10:00 am - 4:15 pm

FIND OUT HOW YOUR ORGANIZATION CAN HOST AN EVENT!
CALL 1-888-236-6283!

1 888 2 DONATE (1-888-236-6283)

RBC Foundation | Canadian Blood Services It’s in you to give | metro

MoneyProvider.com

$500 Loan
Fast, easy and secure

No credit refused

45935_0228

www.moneyprovider.com
1-877-776-1660

HOME PHONE LINES

Satisfaction Guaranteed! If you’re not 100% satisfied, you pay nothing!

Unlimited Worldwide Calling To Almost 60 Countries Including INDIA

Our Best Value

ENHANCED	UNLIMITED CANADA	GLOBAL
Unlimited Local Calling	Unlimited Calling to Anywhere in Canada	Unlimited Calling to Almost 60 Countries
All Features FREE	All Features FREE	All Features FREE
$14.95	$19.95	$29.95

Choose Your Phone Plan And Get:
6 MONTHS FREE

All Features FREE
Voice Mail
Caller ID
Call Waiting
and much more...

comwave www.comwave.ca
1-866-543-5122

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911. The rate of $14.95 is based on a 3 year term. Month to Month plans are available for only $5 per month more. All Unlimited Plans do not include calls to the Yukon, Nunavut N.W.T., Alaska and Hawaii. The 6 Month Free Promotion and the rate of $29.95 is based on a 3YR term. You have a 30-Day Satisfaction Guaranteed period. If you are not 100% completely satisfied, you may terminate the service anytime within 30 days with no further obligation. You will receive 6 months free service if you transfer your phone number from your existing provider to Comwave in the first 30 days. Terms and conditions apply, see www.comwave.ca for details.

BORDER WAIT CAN MAKE ANYONE CHEESED OFF

URBAN COMPASS

PAUL SULLIVAN
METRO VANCOUVER

Ahh, the long weekend.

Time to pack up the kids, get in the car, head off into the great outdoors ... and wait five hours at the border to get into the U.S.

That is not a typo.

It staggers the mind, but that was the lineup — at least — Good Friday waiting to cross the border into Blaine.

And a nice day it was, too. Great day for walking on the beach, hiking on the North Shore, even shopping downtown. But sitting in a lineup for five hours, with the prospect of another equally tedious stop on the way back, just to go to Bellingham?

Even on its best days, Bellingham is an extension of the Lower Mainland, with cheaper cheese.

"The sad thing is, all that money could stay home and pay for jobs and health care. Instead, it's going south on cheese and Cheetos. Not to mention all the carbon fouling the air as we inch our way toward the Promised Land."

Same with Blaine, Burlington, Mount Vernon, Linden, etc.

I guess it starts to get a little more exotic in Seattle, but you've got to ask yourself if watching a bunch of guys hurl fish around the Pike Place Market is worth a five-hour wait.

I'm not even sure Nirvana (the state of mind, not the former Seattle rock band) is worth a five-hour wait.

You probably can't even reach Nirvana by sitting in your car for five hours, even if you chant Om for the entire stretch.

The odd thing is that these days, with the higher Canadian dollar, consumer products are generally cheaper in Canada than they were in the bad old days of the 64-cent dollar. You can travel in any direction and pay the same price for just about everything.

I can buy an entire wardrobe at Costco for less than $100 and I only have to go to Burnaby, which is like Bellingham, only way closer.

But it doesn't matter. People are determined to wait in five-hour lineups for an experience that can only be described as marginal. And it's a free country, even if you are so hot to leave it you will spend half the day patiently waiting at the Peace Arch.

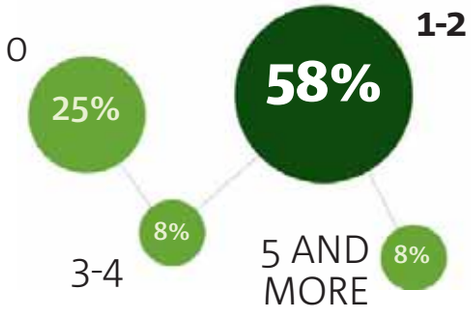
The sad thing is, all that money could stay home and pay for jobs and health care. Instead, it's going south on cheese and Cheetos. Not to mention all the carbon fouling the air as we inch our way toward the Promised Land.

Sometimes I wonder if masochism is part of the Canadian psyche, along with an excessive appetite for cheddar. Imagine the reaction if, one day, the U.S. flings open its border and beckons us with open arms:

"Bellingham? Who would want to go there?"

Register at metrolifepanel.ca and take the quick poll

How many times a week do you find time to exercise?



Local tweets

- **@bingofuel:** Lazy Sunday made all the more lazy by a light drizzle #yvr
- **@PinkTec:** Happy #Easter!!! Hope you all had fun hunting for #chocolate eggies. #vancouver :))
- **@HubCityRV:** It truly would be a Merry Easter if the #Vancouver #Canucks got their #3venge in #Chicago
- **@TowelPowerMan:** 3h20 min until #Canucks Game 6! Are you ready #Vancouver and #TowelPowerMob ?!?!?
- **@iamAbbyMendez:** #Vancouver In case you didn't know. Now you know. Joseph Richards is gonna be off the hook tonight 4 The Easter Long-Weekend Celebration!
- **@sorianomae:** @madelindimax: "The Nucks will have to fall and on the 3rd day they will rise again! #gocanucksgo" Happy Easter #canucks!
- **@JMbrah John Mah:** It's time to say bye bye to chicago, GO CANUCKS #CANUCKS #3VENGE
- **@blackheron:** Anyone else nervous about the game tonight? #Canucks

#elxn41: Be Heard

Metro invited Federation of Canadian Municipalities CEO Brock Carlton and columnist Ivor Tossell to discuss urban issues and what's missing from the federal election campaign. The following are excerpts from the online chat.

METRO: Why should a federal campaign address urban issues?

BROCK: The federal government has a large role to play in our cities and communities. Their policies and programs have a direct impact on cities and towns. The feds cannot deliver to Canadians without working with cities. Our country is too big and complex to work in silos. And we need national leadership from the feds on key issues that affect our economy, the environment and social issues.

IVOR: Well, you could ask, what does the federal government have to do with health care, which is also a provincial matter? The fact is that cities are a central part of Canadian life, just like health care. A national vision for what it means to live in a Canadian city is important — it's quality of life.

COMMENT AT METRONEWS.CA OR VANCOUVERLETTERS @METRONEWS.CA.

Cartoon by Michael De Adder

WEIRD NEWS

Mystery person hops to it to help woman and pet

An anonymous donor has purchased a $50,000 insurance policy to help an Oklahoma woman keep her pet kangaroo as a therapy pet.

The Broken Arrow city council is considering an exotic animal ordinance exemption that would allow Christie Carr to keep Irwin, the partially paralyzed red kangaroo, within city limits.

Council could vote May 3 on a proposal that would allow exotic animal owners to keep their pets if they obtain a newly created permit. The permit would require them to have a liability insurance policy for any injuries inflicted by the animal, certification showing the animal has adequate housing for its health, and meet all U.S. federal and state guidelines for licensing, among other provisions.

Carr said she couldn't have afforded to purchase such a policy and even contemplated moving out of Broken Arrow to continue caring for the animal. Coun. Richard Carter said the ordinance exemption is designed to allow Christie to keep Irwin within city limits while safeguarding residents from potential harm the animal might cause. **THE ASSOCIATED PRESS**

metro
METRO VANCOUVER • #250 - 1190 Homer Street • Vancouver, BC • V6B 2X6 • T: 604-602-1002 • Fax:604-648-3222 • Advertising number: 604-602-1002 • metronews.ca/vancouver/advertise • metronews.ca/vancouver/contactus • **Publisher** Maryse Lalonde, **Managing Editor** Jeff Hodson, **Distribution Manager** George Acimovic • **METRO CANADA: President & Publisher** Bill McDonald, **Editor-in-Chief** Charlotte Empey, **National Deputy Editor** Fernando Carneiro, **Asst. Managing Editor** Tarin Elbert, **Scene/Life Editor** Dean Lisk, **Assist. Managing Editor** Amber Shortt, **Art Director** Laila Hakim, **Business Ventures Director** Tracy Day, **National Sales Director** Peter Bartrem, **Interactive/Marketing Director** Jodi Brown

I ♥ Flyer Savings
Flyer event on now until Wednesday
LONDON DRUGS
www.londondrugs.com

VICTORIA WILL/AP PHOTO

▶ Taylor Kitsch portrays war photographer Kevin Carter in The Bang Bang Club.

Kitsch Kitsch, Bang Bang

Friday Night Lights star gets so into character for role as South African war photographer in The Bang Bang Club, he needed counseling to get back out

NED EHRBAR
SCENE@METRONEWS.CA

Taking on the role of photojournalist Kevin Carter in The Bang Bang Club was hardly a vacation for Taylor Kitsch.

"I didn't sleep. It was a zoo to shoot," he says of the film, which tells the true story of a group of photographers covering the violent last days of apartheid in South Africa. "It wasn't a fun shoot for me at all. I had a lot of kidney problems playing Kev, through the diet and losing 30-something pounds."

Known to audiences for his work on Friday Night Lights, and starring alongside Hugh Jackman in Wolverine, Kitsch threw himself into playing Carter, starting before heading to Johannesburg for filming.

"I had two months to prep on my own in Austin, so that entailed shadowing a photographer, getting a Leica, which is about a 60-year-old film camera that Kev used, developing myself with that, shooting about five to 10 rolls a day and then losing the 30-something pounds just running every day in Austin," he explains.

"There's so much pressure I personally put on myself to do this guy justice, so I prepped and prepped so much. It brings your game up more. I would've done anything to get where I needed to be, to feel I could let the scene go. I was a wreck. It's an incredible amount of energy."

But any amount of effort was more than worth it, Kitsch insists, given how badly he wanted to do the film. "Even reading the script and fighting for the role, it was a matter of, like, I know I can play this guy truthfully," he says. "There's something that I know I could hit with him."

But while he worked relentlessly on getting into character, Kitsch wasn't necessarily prepared for how difficult it would be to get out of character, given the intense scenes Carter lived through. (Carter won a Pulitzer Prize for a photo of a young Sudanese girl resting being stalked by a vulture.)

"Some counseling was needed, and just separating yourself and being incredibly conscious of it and being OK that it's taking time to let go was a big thing for me.

"Playing other characters, I can let go and I can laugh a lot. It's not as heavy, obviously. But you take it home with you."

Luckily he won't be taking as much home with him again soon, as his next projects are more on the fun side. Of course, even his upcoming Battleship — based on the board game — isn't without its gravitas.

"Just because it's this big film doesn't mean we can't have a very, very intense moment here or there, or have loss," he says.

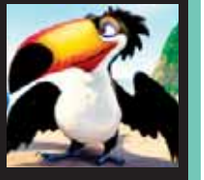
Speaking of aliens, Kitsch will be keeping with the action genre as the title character in John Carter of Mars.

"I was looking at a 100-foot green screen and there was an X on it at the 75-foot mark, and that was supposed to be a ship that I'm blowing up," he says. "In situations like that, escapism is a lot harder as an actor, and tests you in different ways.

"With Bang Bang, I had a f--ing child and a vulture. If you can't put yourself in a present moment there, then you've got to go back to New York and study a bit more."

2 scene

Box office



Anne Hathaway and Jesse Eisenberg's talking birds have edged out Tyler Perry's sass-talking grandma at the weekend box office. The animated family adventure Rio took in $26.8 million to remain the No. 1 movie for the second-straight weekend.
THE ASSOCIATED PRESS

New generation of rap music drives Libyan rebels to defeat Gadhafi's forces.

THIS APRIL IT'S ALL ABOUT YOU!
Make some time for yourself this month and find your happy place. Visit any location, and receive your free "Passport2Fit" that will jump-start the voyage into your new fitness routine. Consider it a mini vacation for your body... everyone is welcome!
PASSPORT 2 FIT
Gives you free instant access to Yoga, Indoor Cycling, Personal Training, fun for the kids, and much more!
Visit your nearest location or online at www.snfw.ca/pass2fit
STEVE NASH FITNESS WORLD & SPORTS CLUB
17 clubs & growing fast!

I ♥ Flyer Savings
Flyer event on now until Wednesday
LONDON DRUGS
www.londondrugs.com

JLo ready to leave Idol?

Jennifer Lopez's tenure as a judge for American Idol may not last more than one season, as the singer is reportedly shopping around her own reality competition show to networks, according to Entertainment Weekly.

METRO

Celebrity tweets

Installed a red carpet in hallway and lined it with cardboard standees of interviewers so breakfast feels more like the '70s.

@SteveMartinToGo

@chriscolfer

My spirit animal is definitely a goldfish. One of those over grown ones in a home made koi pond. What's yours?

@GaryShandling

When I feel sexy I leave the top two buttons of my shirt open and my fly halfway down. It's a look.

Lindsay facing serious jail time

Lohan given 120-day sentence ◆ Could still be cleared

Though her felony charge was reduced to a misdemeanor, Lindsay Lohan was sentenced to 120 days in jail plus 480 hours of community service for violating her probation by allegedly stealing a $2,500 necklace from a jewelry store, according to TMZ.

But Lohan isn't sunk yet, as the judge is giving the actress the chance to prove her innocence at a trial set to begin May 11.

Lohan posted $75,000 bail and was released five hours later.

Her lawyer is appealing the decision.

METRO

GETTY IMAGES

▶ Lindsay Lohan

YOU COULD WIN 3 NIGHTS IN LONDON FOR TWO PEOPLE!
YOU COULD BE AN ASSISTANT TO
LADY GAGA
Lady Gaga will be Metro's special Global Editor in Chief on May 17th.
We are now looking for an assistant to fly to London, England and work with her to create this special Metro Edition!
Go to ladygagametro.com and let us know "why you were born this way".
LADYGAGAMETRO.COM
metro
There are things that only the world's largest global newspaper can do.
Metro is read by 17 million people every day, in over 100 cities across 4 continents.

INVENT THE FUTURE CONTEST 2010
CONGRATULATIONS IRVING!
YOU'VE RAISED THE BAR IN RAISING AWARENESS ABOUT ENERGY CONSERVATION
IRVING DIAZ
VIDEO: LEDs: THE LIGHTING OF THE FUTURE!
AGE GROUP: 20-24
Vancouver Film School student Irving Diaz is a grand prize winner in BC Hydro Power Smart's Invent the Future Contest — an online contest created to raise awareness about the importance of energy conservation. Irving's winning video is all about LEDs and how they're a better choice than CFL and incandescent bulbs. View his entry at www.inventthefuture.ca.
WWW.INVENTTHEFUTURE.CA
BC hydro
powersmart

I ♥ Flyer Savings
Flyer event on now until Wednesday
LONDON DRUGS
www.londondrugs.com

Yikes! Her first dance!

This week, the Disney movie Prom premieres, reminding us how fun and scary a school dance can be Dr. Susan Newman, Ph.D., social psychologist and author of The Book of NO: 250 Ways to Say It — and Mean It and Stop People-Pleasing Forever, addresses parents' worries

SAM D'AMATO
LIFE@METRONEWS.CA
METRO WORLD NEWS

WORRY ONE: Dances are basically foreplay for teen sex. I've discussed responsibility with my kid, but I am worried the advice will be forgotten after a night of dancing and too many episodes of Gossip Girl.
SAYS THE DOCTOR: The values and advice you have shared with your teenager hopefully have "sunk in" by the time prom rolls around. It is up to your child to be smart when it comes to sex. Worry about things you can orchestrate. Send your child off to have fun, but with a quiet reminder to be careful.

WORRY TWO: Someone else's kids are going to get drunk and drive. How do I warn my kid without sounding like a public service announcement?
SAYS THE DOCTOR: You absolutely want to sound like a public service announcement! In the weeks leading up to the dance, remind your child of teen drunk driving tragedies. You can soften your parental stand by reminding your child that he or she is the most important thing in your life and it's your job to keep him or her safe. Sounds soppy, but it's true.

WORRY THREE: My child is an introvert and will probably spend the entire evening against the wall. What should I do?
SAYS THE DOCTOR: You might suggest that your child arrange to attend the dance with a group of friends or one friend. Beyond that, there's not a lot a parent can do ... and trying to hard makes the situation worse. If you try to discuss it, your child will tell you don't understand — and you probably don't. It hurts parents to see a child suffer, but as parents we have to accept the fact that we can't protect our children from every insult.

WORRY FOUR: There's an after-prom party at some other kid's house. The parents are out of town. There will be no chaperones. When do I storm in and act like a police officer?
SAYS THE DOCTOR: You don't. Why can't parents say NO anymore? The teen brain is not fully mature, particularly the part that thinks ahead, weighs consequences, and manages emotional impulses. Parties without chaperones tend to get out of hand easily: uninvited guests appear, alcohol and drugs get consumed, noise levels rise and judgment fails. Neighbours call the police and your child winds up in a situation he or she never intended. Boundaries, parents, that's your job. Say no or offer to hold the party at your home.

DISNEY

▶ What to wear will not be the only decision your child will have to make.

Something old...

Will Kate Middleton wear a family heirloom?

It's guaranteed that Kate Middleton will wear a tiara on her wedding day. What we don't know is if it will be old, new or borrowed from the royal vault.

Gifting a royal bride with a tiara as a wedding present is a long-standing royal tradition. For her wedding, the Queen presented Diana with The Cambridge Lovers Knot tiara, which was made in 1911 for Queen Mary. Sarah Ferguson was given a tiara the royals purchased from Garrard. Sophie, Countess of Wessex, was given a custom-made tiara. It featured jewels from a necklace belonging to Queen Victoria.

ALISON MCGILL/ WEDDINGBELLS

3 life

You need this

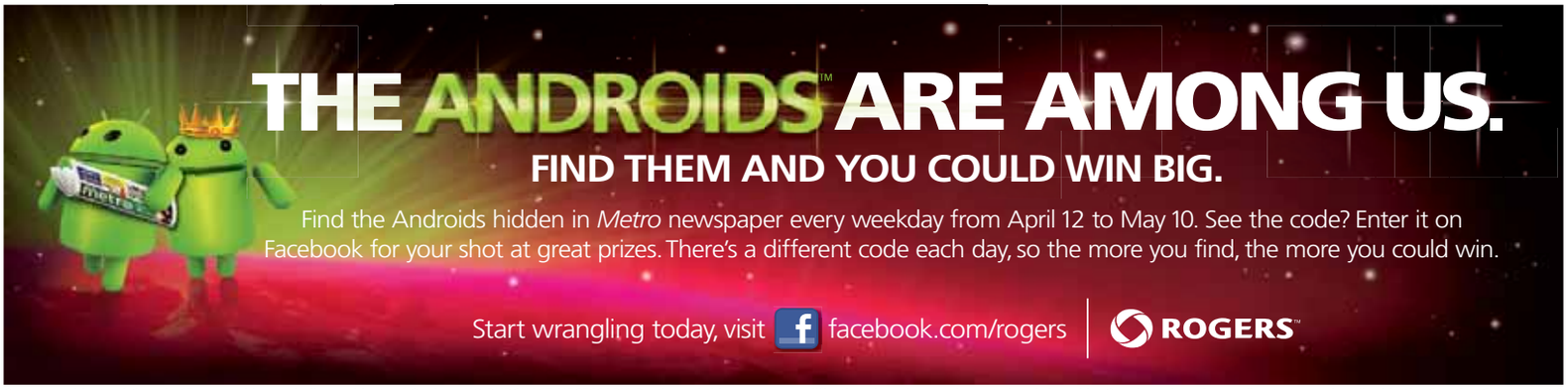
Hello Kitty Beanie Baby

You've got a good reason to buy this, besides it being anime and cool. Part of the proceeds will help the Red Cross efforts in tsunami-ravaged Japan. The company behind the doll, Ty, has pledged $1 million to the Red Cross.

MWN

TY
$5.99, Ty.com

Lockdowns, mock DUI funerals: Prom security tight yet drinking continues.


THE ANDROIDS™ ARE AMONG US.
FIND THEM AND YOU COULD WIN BIG.
Find the Androids hidden in Metro newspaper every weekday from April 12 to May 10. See the code? Enter it on Facebook for your shot at great prizes. There's a different code each day, so the more you find, the more you could win.
Start wrangling today, visit facebook.com/rogers
ROGERS

Open to residents of Canada 15 yrs or older, excluding residents of Quebec. NO PURCHASE NECESSARY. Portions of this page are modifications based on work created and shared by Google and used according to terms described in the Creative Commons 3.0 Attribution License. Android, Android Market, and Google Maps are trademarks of Google, Inc. ©2011 Rogers Communications.

I ♥ Flyer Savings
Flyer event on now until Wednesday
LONDON DRUGS
www.londondrugs.com

A new spin on the classic chicken and waffles

What do pancake mix, barbecue sauce, plain yogurt, nacho chips and chicken have in common? They're all used to create this unique dish

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

I never back down from a challenge, so when Canadian Family magazine asked me to participate in the launch of its Food Awards, I was game.

The awards honour the top brands used in Canadian households, and will be announced in a special Winter Food Issue. In the meantime, readers can vote and participate in the Canadian Family Creative Cook Challenge (canadianfamily.ca/creative-cook-challenge), during which they must use ingredients provided by Canadian Family to create a dessert.

My challenge involved pancake mix, plain yogurt, barbecue sauce and more. I came up with Crunchy Chicken Salad Waffle Wraps. I used the pancake mix and yogurt help to create a light fluffy waffle that stays soft and can be used to wrap the chicken, or simply serve it on top.

EMILY RICHARDS

▶ Be sure to have ranch dipping sauce or hot sauce to drizzle on for added flavour.

Ingredients:

- 1 cup (250 mL) Aunt Jemima Original pancake mix
- 2 eggs
- 1 cup (250 mL) Activia plain yogurt
- 1/3 cup (75 mL) milk
- 2 tbsp (25 mL) butter

Crunchy Chicken:

- 1/3 cup (75 mL) Diana gourmet barbecue sauce
- 2 tsp (10 mL) Dijon or yellow mustard
- 1/2 tsp (2 mL) thyme
- 1 pkg (425 g) Maple Leaf Prime boneless skinless chicken breasts, cut into strips
- 3 cups (750 mL) Doritos nacho chips (Nacho cheese or Cool Ranch)
- 2 pkgs Toddler Mum Mums
- 2 tbsp (25 mL) chopped fresh parsley or basil
- Romaine lettuce leaves

Preparation:

1. Place pancake mix in bowl; set aside. In another bowl, whisk eggs, yogurt, milk and butter. Whisk into pancake mix until smooth.
2. Heat waffle iron. For each waffle brush lightly with oil; pour in scant ½ cup (125 mL) of the batter. Close lid and cook for about 4 minutes or until steam stops and waffle is golden. Remove gently and repeat with remaining batter; set waffles aside.
3. Crunchy Chicken: In shallow baking dish, whisk barbecue sauce, mustard and thyme. Add chicken and turn to coat evenly; set aside for 10 minutes or cover and refrigerate 8 hours.
4. Meanwhile, combine nachos and mum mums in resealable bag and crush into fine crumbs. Add parsley. Place a few chicken strips in bag and shake to coat. Place coated chicken on parchment paper lined baking sheet and repeat with remaining chicken. Bake in 425 F (220 C) oven for 15 minutes or until no longer pink inside. Top waffles with lettuce and chicken.

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA.

Fiesta Pork and Vegetables

Here is a perfect way to include local pork on your menu. It's easy enough for a weeknight meal with tons of flavour.

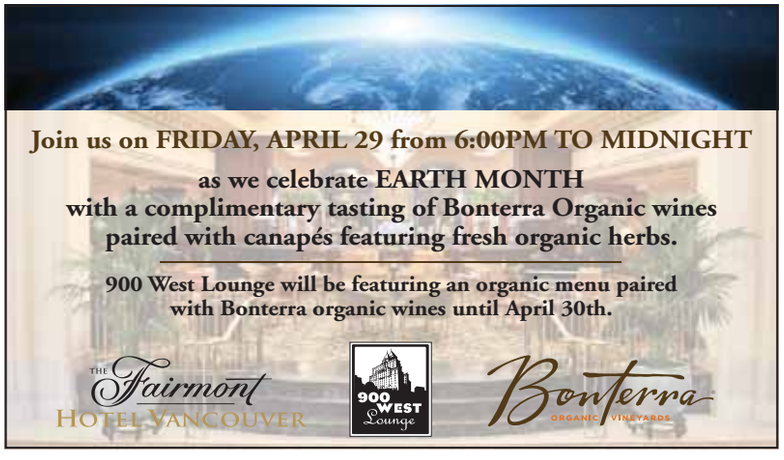
Ingredients:

- 1 pork tenderloin (about 12 oz/375 g), trimmed
- 2 tbsp (30 mL) vegetable oil
- 3 carrots, halved lengthwise and thinly sliced crosswise
- 3 cloves garlic, minced
- 1 onion, chopped
- 3 cups (750 mL) white mushrooms
- 1 tbsp (15 mL) chili powder
- 1 tsp (5 mL) each ground cumin and salt
- 2 tbsp (30 mL) all-purpose flour
- 1 1/2 cups (375 mL) sodium-reduced chicken broth
- 1 red bell pepper, seeded and chopped
- 1 cup (250 mL) extra-chunky salsa
- 1/2 cup (125 mL) frozen corn kernels
- 1/4 cup (60 mL) chopped fresh cilantro

Preparation:

1. Slice pork in half lengthwise; cut crosswise into 1/4-inch (5 mm) thick slices. In large pot, heat 1 tbsp (15 mL) of the oil over medium-high heat; cook pork for 2 or 3 minutes or until just a hint of pink remains. Transfer to a plate.
2. Add remaining oil to pot; reduce heat to medium. Cook carrots, garlic and onion, stirring occasionally, for 4 minutes or until onion softens. Stir in mushrooms, chili powder, cumin and salt; cook until mushrooms start to soften.
3. Whisk flour into chicken broth; gradually stir into pot, scraping up any bits stuck to bottom. Stir in red pepper, salsa and corn; bring just to a boil over high heat, stirring often. Reduce heat and simmer for 5 to 8 minutes, stirring occasionally, or until slightly thickened and vegetables are just tender.
4. Return pork and accumulated juices to pot; cook for 2 minutes. Stir in half of the cilantro. Serve sprinkled with remaining cilantro.

THE CANADIAN PRESS/ FOODLAND ONTARIO


Join us on FRIDAY, APRIL 29 from 6:00PM TO MIDNIGHT
as we celebrate EARTH MONTH
with a complimentary tasting of Bonterra Organic wines
paired with canapés featuring fresh organic herbs.
900 West Lounge will be featuring an organic menu paired
with Bonterra organic wines until April 30th.
The Fairmont Hotel Vancouver
900 West Lounge
Bonterra Organic Vineyards

The cheese champion

Louis d'Or, a milky rich cheese with fine, complex flavours from Quebec, has been chosen grand champion at the Canadian Cheese Grand Prix.

Louis d'Or is made by Fromagerie du Presbytere in Sainte-Elizabeth-de-Warwick, Que.

The cheese gets its name from the Louis d'Or farm, which produces the organic milk used to make it. The name of the cheese also refers to the French currency of the same name used under the reign of Louis XIII in 1640.

THE CANADIAN PRESS/DAIRY FARMERS OF CANADA

▶ Louis d'Or cheese

The cheese, made in a 40-kilogram wheel, also won in the firm, farmhouse and organic categories. **THE CANADIAN PRESS**

Making green cash

Canadian companies emerging as leaders in the clean-tech industry

BEN KNIGHT
GREEN@METRONEWS.CA

With each Earth Day that passes, our world becomes more ecologically aware. New, emerging technologies are greener, and vast profits are out there for innovators with the right product, in the right place, at the right time.

Canadian companies are beginning to do very well in the clean-tech field — but not without some considerable risk.

"You have to approach the market in a very strategic manner," says Gael Mourant, president and CEO of ARXX, a leading supplier of Insulating Concrete Forms (ICFs) for energy-efficient construction. "The construction industry is very averse to change.

ISTOCK PHOTOS

You have to make people comfortable with the idea they can do things differently, but at the same time, actually get a better product at a more cost-effective price."

ARXX is based in Cobourg, Ont. Mourant says proximity to the United States is a significant advantage for Canadian clean-tech firms.

"Americans are very receptive to working with Canadian companies, because they see Canadians as being honest and forthright, and as innovators," she notes. "Primarily, Canadians are very adaptable. I think we're very open to new ideas. The idea of green buildings and energy savings is very rooted in Canada."

Scott MacDonald is a partner at Emerald Technology Ventures, an investment firm specializing in clean-tech start-ups. He sees deteriorating global infrastructure as a huge opportunity for Canadian firms.

"There are 70 to 100-year-old assets — around the world — where they don't have technology and innovation right now," he says. "We're trying to make the grid smarter. We're trying to identify where leaks in water systems are."

Clean tech

In your backyard

Fact The B.C. government gave a significant break to developing clean-tech firms in the province in 2009, hiking the provincial tax credit available under its Venture Capital Programs by 50 per cent. At the time, it was labelled as the third-largest clean technology cluster worldwide.

CHOICES FOR GREEN MOMS

Are cloth diapers the most eco-friendly choice, or are there disposable options that make the cut? ***Andrea of London, Ont.***

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA

Disposable diapers are landfill magnets — in some cities diapers and other disposables (razors, plastic wrap, paper coffee cups) are estimated to make up about eight per cent of total household waste. Disposable diapers are also made from plastic, with chlorine-bleached stuffing and added fragrance chemicals. The good news is that cloth diapers aren't what they were 30 years ago.

Today they're stylish, eco-friendly (some are even manufactured with wind power), 100 per cent organic cotton, and you can find brands made in Canada — definitely a worthy choice. There's no need to buy new cloth diapers either. Source them from thrift or secondhand stores — they're washable, after all. Surf online for "green" mommy websites too. They host a plethora of tips, advice and product reviews.

David Suzuki Foundation

BC NURSES SAY ON MAY 2
send Ottawa a message
VOTE for candidates who will protect public healthcare
VOTE for candidates who will stand up for seniors and other vulnerable citizens
STOP illegal health fees
The federal government must stop provinces like British Columbia from forcing seniors and other vulnerable patients to pay out of their own pockets:
fees to recover in the hospital,
fees for home support to help keep them out of hospital,
fees to get medicare-insured surgery in for-profit clinics.
STOP attacking legal healthcare services
The federal government must stop wasting taxpayers' dollars on needless court battles, like fighting Vancouver's InSite clinic all the way to the Supreme Court of Canada. The evidence is overwhelming that this healthcare service is desperately needed and is helping move people suffering the diseases of addiction and mental illness into detox and recovery.
Vote for candidates who share nurses' commitment to advocate for the health and well-being of our most vulnerable citizens and our communities.
nurses' votes count
federal election 2011
Paid for by BRITISH COLUMBIA Nurses' Union

Life after the lay-off

Don't fall into failure-mode The future is bright!

A job loss effects more than just one person.

Lisa Caldas Kappesser, author of The Smart New Way to Get Hired, shares her advice on how to get everyone through it.

Communication
Discuss with your family what your job search strategy is and what steps you have taken or plan to take in the near future.

Communication is critical in families, particularly in times of stress and crisis when many people tend to withdraw.

Empathy
Everyone needs support and understanding. If you have children, listen to their concerns and keep in mind that most children are egocentric.

Optimism
Be a role model for your family in how to deal with crisis and change. Your children will be in a job search someday and will remember how you handled it.

They learn from your behavior, so it's best to model positive behavior.

Self-confidence
If you have confidence in yourself, your family and significant other will have more confidence that you can and will find another job.You need to think and act in terms of when you find your next job and not if you will find another job. METRO

ISTOCK

▶ A job loss can effect your whole family.

Post-school plunge

BRIGITTE BOUVIER

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

Unconventional and a risk taker. That describes Ottawa interior designer Jason Bellaire, who says that you have to get past your fear and believe in yourself if you're going to be successful in business.

After struggling with his career in his 20s, Bellaire decided to go back to school at the age of 30 to study interior design and architecture.

Jason raised a few eyebrows in the industry when he started his own company six months after graduation.

"It was hammered into our heads at school that you had to apprentice for five or six years before going out on your own. I had to overcome my fear and now looking back over the last two years I can't believe how far I've come."

Jason and his partner, Denise Hulaj, are the hot new design team taking our nation's capital by storm with 10 projects on the go.

He has this advice for people who are thinking about starting their own business.

"Plunge into the darkness, ignore the monsters and don't be afraid to ask for advice."

▶ Jason Bellaire, co-owner of StyleHAUS interiors.

Jason's tips

Tools to a successful business design

- Believe in yourself and your talents.
- Don't make the same mistakes twice.
- Hang out with other successful people and learn.
- Find a mentor and ask lots of questions.
- Don't think that you know it all. Be humble.

EN RECHERCHE D'EMPLOI OU DE FORMATION ?
LOOKING FOR A JOB OR TRAINING ?
La liberté d'étudier en français partout en C.-B. !
Cours Collégiaux • Aide à la recherche d'emploi
Cours d'anglais • Programmes subventionnés
Collège ÉDUCACENTRE College
www.educacentre.com • 1.800.747.4825
The French College in British Columbia

ULI Universal Learning Institute
FITT • Office Administration, Computerized Accounting, IT Certification Diploma
Flexible Scheduling, Start Monday!
E/I Supported Training
Multiple campuses (Richmond, Vancouver, Surrey)
All SkyTrain Accessible
604.248.1242 • www.uli.ca

FITNESS LEADERSHIP DIPLOMA PROGRAM
Become a Personal Trainer
Morning, Afternoon & Evening Classes
EARN UP TO $70/HOUR
Govt financial aid may be available
$100 New Balance Shoes Voucher to our May Class
Hilltop Academy
604-930-8377
www.hilltopacademy.ca

Canadian RN Exam (CRNE) Prep Course
Are you taking CRNE in June or October? ONLY $290
Sign up for 2-days (16 hrs) Intensive CRNE Prep Course
Bring this ad and get a 10% discount.
Classes start on May 14-15
Royal Canadian Institute of Technology
508 Kingsway, Vancouver
Email: info@rcit.edu
Tel: 604-879-5676
www.rcit.edu

Career Finder

To advertise contact Stephen O'Brien at 604-648-3240

As part of our expansion programmer, SSR TRADE is offering a position where you can
Earn Extra Income At Your Own Flexible Schedule Plus Benefits That Take Only Little Of Your Time.
Requirements:
• 1-2 hours access to the internet, per week.
• Must be Efficient and Dedicated
Contact us with your resume for more details and job information @ plerr1001con@gmail.com
Hurry...don't wait! This great opportunity is limited.

Skills Connect For Immigrants Program
WANT A JOB THAT USES YOUR SKILLS AND EXPERIENCE?
We Can Help Put Your Skills To Work!
Call Us To Find Out More About: Language Development, Training, Job Search and Connecting to Employers!
www.training-innovations.com/skillsconnect
Training Innovations 604.298.4720, ext. 278
Canada WelcomeBC

You'll this.
DOWNLOAD THE NEW METRO APP for your Blackberry, iPhone and iPad.

A small-city student with big-city ideas

STUDENT VOICE

KATE MACKENZIE
TALENTEGG.CA

SUBMITTED

Kate MacKenize

For me, a student from a small Nova Scotia university, the hardest part of finding a summer job is getting top employers based in large cities to take a second look at my application.

During a recent family vacation, I met a group of five students from the University of Guelph.

When they asked where I attended school, I replied, "Acadia University." To my surprise, not a single one of them had heard of the school.

After that encounter, I couldn't help but wonder if employers were thinking the exact same thing: Uh, Acadia? Who?

If this is true, at least in some organizations, how is this affecting my application during the selection process?

From an employer's perspective, it is certainly justifiable to hire the candidate from the school known for its strong academic standing or the school that you can identify with ("Our organization is based in Toronto so it makes sense to hire from the University of Toronto"). After all, the aim is to hire the brightest and most qualified.

However, from the Nova Scotia student perspective, this makes standing out in a sea of applications that much more difficult.

When I'm applying for a job in Toronto from my residence room at Acadia in Wolfville, N.S., population 3,800 (7,000 during the school year), I can't help but feel like there's a giant wall between myself and the employer.

And, if they're thinking the same thing — who is Kate MacKenzie, what is Acadia, and where the heck is Wolfville — then it seems likely that my application may come second to, "Ah yes, Jane Doe from Queen's. I went to Queen's too!"

I know that this isn't always the case and that many organizations make a sincere effort to fairly evaluate all candidates. However, I think that some companies could improve their recruitment processes by recognizing the gap between small-town students and big-city jobs and adjusting their application accordingly.

Small changes, such as assigning recruiters to regions across Canada and using technology such as Skype to do interviews, can make a huge difference. These adjustments make the recruitment process less location-specific and less intimidating. They also allow the employer to really get to know the candidates face-to-face to ensure that they're hiring the best of the best.

Also, by including students from many different schools and locations, organizations will only benefit from the increased diversity and perspective.

Where Kate is now

Ironically enough, I proposed this exact idea to an organization based in Toronto and explained the unique perspective that I could bring to the company as a result of my East Coast experiences. Now, I couldn't be more excited to be working for that company this summer!

Key take-aways from Kate's school-to-work transition

• If you attend school in a different city than where the organization you want to work for is located, briefly explain the discrepancy in the email or cover letter and outline your plans for relocation.

• Don't be afraid to ask for an interview over the phone or through a video chat program like Skype — in-person interviews aren't the only option.

• Worried your school isn't as recognized as some of the more high profile institutions? Focus primarily on your accomplishments in your resumé and cover letter, but be prepared to discuss the quality of your education in the interview.

TALENTEGG.CA, CANADA'S ONLINE CAREER RESOURCE FOR STUDENTS AND RECENT GRADS, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.

Vancouver's Exam Preparation Experts

LANGUAGE STUDIES CANADA
LSC
HIGHER SCORE®

IELTS • TOEFL • TOEIC
Cambridge
PET • FCE • CAE • CPE • BEC

SPECIAL OFFER!
20% OFF
IELTS
TOEFL
TOEIC

- Study proven strategies for better scores and fast results!
- Learn from custom-developed course materials
- Teachers are specially trained in exam preparation
- Contact us for a free assessment; trial lesson available for some courses
- 8 exam preparation courses with excellent success rates

Helping students since 1962 • 604 683 1199 • www.examexperts.ca

4 sports

Disaster looms

- Canucks' 3-0 series lead vanishes
- Facing elimination tomorrow
- Scheider leaves with injury

After a wild and eventful night at the United Center, the Chicago Blackhawks have pulled off the improbable.

They've drawn even after losing the first three games to the Vancouver Canucks, the team with the best record in the NHL this season.

Now, do the defending Stanley Cup champions have one more left?

Ben Smith scored at 15:30 of overtime last night, giving Chicago a 4-3 win and sending the spirited and physical opening-round series back to Vancouver for Game 7 tomorrow.

"Anything can happen in Vancouver," said the rookie Smith. "They've got some great players. It's nerve racking when they've got the puck. They really took it to us for a while."

The Canucks played what coach Alain Vigneault characterized as their best game of the series. They made a goalie switch, turning to Cory Schneider in place of Roberto Luongo, who gave up 10 goals on 40 shots in the previous two games.

They still couldn't win.

And Schneider couldn't finish. When Chicago's Michael Frolik tied it on a penalty shot in the third, Schneider was injured while trying to make the save and it was Luongo on in relief.

"I just lost my legs and I seized up and couldn't do anything after that," Schneider said.

Chicago is attempting to become the fourth team in NHL history to win a seven-game series after falling behind 3-0.

"We need to find a way to change the momentum," Vigneault said. "Obviously, changing the goaltender and changing a few things up front were a way to try to get some of that momentum back."

Daniel Sedin, Alexandre Burrows and Kevin Bieksa scored for the Canucks. Bryan Bickell and Dave Bolland added goals for the Blackhawks.

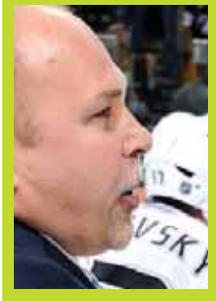
Chicago goalie Corey Crawford made 32 saves, including 12 in overtime.

THE ASSOCIATED PRESS

HAWKS	CANUCKS
4	3

127336

Quoted



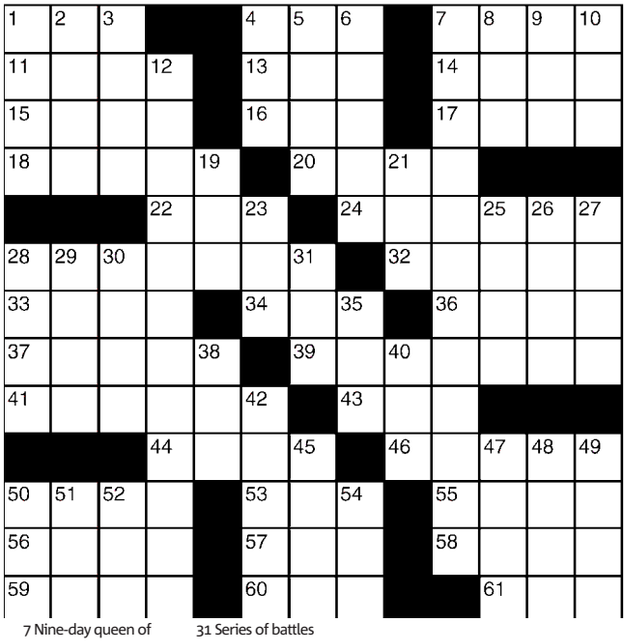
"I'm happy because I think of the resiliency of the group that worked so hard all year, and I'm relieved because there is a little bit of a cloud that we wanted to get to the next level."

PREDATORS COACH BARRY TROTZ AFTER NASHVILLE WON ITS FIRST-EVER PLAYOFF SERIES BY BEATING THE DUCKS 4-2 LAST NIGHT.

JONATHAN DANIEL/GETTY IMAGES

▶ Roberto Luongo skates off the ice after giving up the winning goal last night.

Crossword



Across

1 Sugar meas.
4 Historic time
7 Jump
11 Oil cartel
13 Fresh
14 Part of the foot
15 "Why not?"
16 "CSI" evidence
17 "Monopoly" card
18 "Get lost!"
20 "Why not?"
22 Scarlet
24 Takes pleasure in
28 Capistrano bird
32 Block the flow of
33 Cab
34 Chatter
36 Egypt's river
37 British —
39 Completely engrossed
41 Brownish-gray antelope
43 Marshy area
44 Legislation
46 Incorrect
50 Not pizzicato
53 Multipurpose truck
55 Olympic sword
56 Food
57 Yank
58 Knitting need
59 Big village
60 Sudden turn
61 Parcel of land

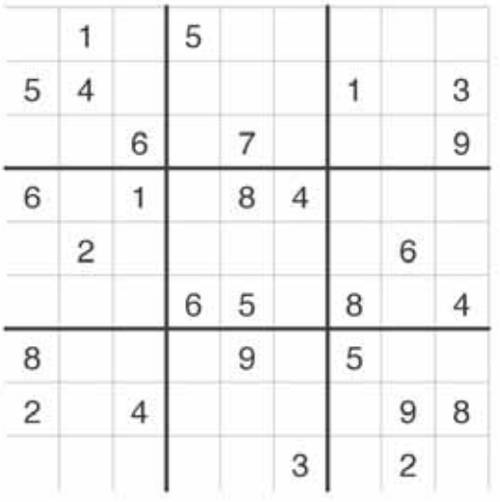
Down

1 Playthings
2 Detail, for short
3 Bartlett or Bosc
4 Conclusion
5 Nevada city
6 Not sleeping
7 Nine-day queen of England
8 Before
9 Expert
10 Third degree?
12 Schulz lad
19 Tillis or Torme
21 Moreover
23 Pooch
25 Leave out
26 Christmas
27 Raced
28 Use a swizzle stick
29 Cleanse
30 Wheelbase terminus
31 Series of battles
35 Chest protector
38 Old French coin
40 Solemn promise
42 Butterfingers
45 Needle case
47 October birthstone
48 Pianist Peter
49 Mannered bloke
50 Performance
51 Greek P
52 Calf's mama
54 Omelet need

▶ Yesterday's answer

M	O	S	T			D	E	B		A	D	A	M
I	D	E	A			I	R	E		S	I	L	O
N	O	R	M		S	A	L		T	S	A	R	
D	R	E	A	M	T			T	S	E	T	S	E
				L	E	I			E	R	R		
J	A	D	E		N	U	D	E		N	E	S	S
A	L	I			C	S	I			S	O	O	
R	E	S	P	I	T	E	S		U	S	P	S	
		T	E	D			T	I	N				
A	N	A	L	O	G		A	F	F	E	C	T	
L	E	S	T		A	N	N		O	P	A	H	
D	A	T	E		L	A	C		L	E	G	O	
A	P	E	D		A	G	E		D	E	E	R	

Sudoku



	1		5					
5	4					1		3
		6		7				9
6		1		8	4			
	2						6	
			6	5		8		4
8				9		5		
2		4					9	8
					3		2	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	5	3	6	9	8	4	2	7
8	4	9	1	2	7	3	5	6
6	7	2	5	3	4	8	1	9
5	9	4	7	8	1	6	3	2
2	8	1	3	6	5	7	9	4
3	6	7	2	4	9	5	8	1
7	1	6	8	5	2	9	4	3
9	3	5	4	1	6	2	7	8
4	2	8	9	7	3	1	6	5

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Anna, Babe, Happy 17th Month, I enjoy all the times we've been together, thank you for everything. I love you with all my heart~
From **YIK**

Moya Lubov, I wish I could go 15 hours in the future and 10,000 kilometres across the ocean. We'd write another article together, you'd wear your RCMP shirt, and recite me Japanese poetry. xo
From **SOLNYSHKO**

Nathan Crane, I love you with all my heart and I'm so glad that we are together. I would shower with you in a thousand roses.
From **ADRIAN**

Roxie, Since you've crept into my life Into every pore you have seeped I no longer know where I end and you begin Forever...we...are...
From **FRANCIE**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 You will have to make some kind of sacrifice today, and you should do so willingly.

♉ Taurus April 21-May 21 Make the most of your opportunities.

♊ Gemini May 22-June 21 Find a way to switch off the chaos and confusion of the outside world.

♋ Cancer June 22-July 22 You CAN change things for the better, but you've got to work with like-minded souls.

♌ Leo July 23-Aug.23 The more negative others get the more determined you'll be to prove them wrong.

♍ Virgo Aug. 24- Sept. 22 Don't sit back and wait for others to take the lead — take it yourself and set the agenda.

♎ Libra Sept. 23-Oct. 23 Listen to your instincts and act on what they tell you.

♏ Scorpio Oct. 24-Nov. 22 Make a special effort to get along with the people you live, work and do business with.

♐ Sagittarius Nov. 23-Dec. 21 If you neglect something small today something big could fall apart.

♑ Capricorn Dec. 22-Jan. 20 Push doubts aside and take the kind of risks you usually try to avoid.

♒ Aquarius Jan. 21-Feb. 18 Certain people are going to make life difficult for you today.

♓ Pisces Feb. 19-March 20. Start conversations with total strangers. **SALLY BROMPTON**

Caption contest

DARKO VOJINOVIC/THE ASSOCIATED PRESS

RON JOHNSON/THE ASSOCIATED PRESS

WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

RACK'EM UP!
Bring some of our half million* readers to your business.
To order your Metro newspaper rack for your retail store and/or office building, please contact Metro at 416-486-4900 ext. 331 or email toronto_distribution@metronews.ca
*Source: NADbank 2010 Supplementary Report; Base: Toronto CMA, Age 18+. 538,200 daily readers.
metro News worth sharing.

Award Winning - 2009 Vancouver View Award
EURO CHARM Skincare and Body Clinic
"Where wellness meets beauty"
• Lipo and Slimming Programs
• Hydrotherapy
• Free Consultations
20% off for all Laser Services | 79.95/unit Botox | 20% off Beautytek Treatments
Gift Certificates available Specials Expire May 31, 2011
604.568.2575 • 3401 East Hastings St, Vancouver
www.eurocharm.ca •1 Block East of the PNE • Free Parking

FLIGHT CENTRE Unbeatable
Seattle 1 Night + 1 Night Cruise
from $199 + taxes & fees $53
INCLUDES cruise from Vancouver to Seattle & 1 night 4-star accom with bus transfer to Vancouver.
1 866 519 5111 | flightcentre.ca
Conditions apply. Ex: Vancouver. Package, cruise & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. BC REG: #HO2790

VancouverGold.ca

Your Local Vancouver Gold Buyer

Honest • Friendly • Fully Licensed • Highest Buying Prices

We Buy Silver, Diamonds, and Coins too!

Member of RCBC

RCBC

What we Pay

With Gold Prices reaching all-time highs, there has never been a better time to sell!

Our Price Guarantee:
We are so confident in our prices and our service, that if you get a higher offer for your jewellery, we will pay you 50% more than the difference!

Karat|Price/gram

1oz Maple Leaf Coin (9999)	$1369/coin
999 Gold Coins and Bars	$41.72
24k Jewellery	$32.92
22k	$30.17
East Indian and Nuggets	$26.74
18k	$24.69
14k and dental	$19.20
10k	$13.71
.925 Sterling Silver	$0.76

Additional Pricing

Gold Coins	
Gold Coins Under 24kt (Per Gram of Gold)	$39.32/gram
Maple Leaf Coins under 1 ounce	$43.95/gram
999 Gold Bars under 1 ounce	$40.71/gram
Silver Maple	$40.32/coin
Silver Bullion	$38.22/ounce
Silver	
Unrecognized Silver bars 1 ounce or more	$1.01/gram
Stamped Sterling Silver	$0.76/gram
Stamped .800 Silver	$0.65/gram
Unstamped Solid Silver	$0.54/gram
Canadian Silver Coins	
Coins from 1966 or earlier	19.0 Times Face Value
Coins from 1967	15.4 Times Face Value
Coins from 1968	11.8 Times Face Value
American Silver Coins	
Coins from 1964 or ealier	20.6 Times Face Value
Platinum	
Platinum Jewellery (stamped 950)	$34.99/gram
999 Platinum Coins	$44.43/gram

*Canadian Dollars
Last Update 4/21/2011

We also offer refining services for large and dental lots. Please contact us for fee and payout information.

Example Purchases

Purity: 14k Weight: 183.30g
PRICE: $3,519.36

Purity: 22k Weight: 4.67g
PRICE: $140.89

Typical Purchase:
PRICE: $970.18

As Featured On...

Global BC & National
CTV BC & National
CBC National News

Visit www.vancouvergold.ca to view the clips!

Items We buy

Jewellery
Bars and Bullion
Coins
Diamonds
Gold and Silver
Platinum
Watches
Nuggets
Dental Gold
Sterling Flatware

Location

Call: 604.764.5134 • 254 West Broadway, Vancouver

(2 blocks east of the Broadway & Cambie Canada Line Station)

Mon-Fri 9am-6pm , Sat 10am-5pm, Sun 11am-4pm • www.vancouvergold.ca